

Shine Walk to Spurn lighthouse 10th June 2017



Join us for a unique walking event at Spurn point as we walk together to Spurn lighthouse and help raise funds for Shine children's home, Shine Village, Malawi Starting from the Blue Bell Café Spurn c.30 miles east of Hull the walk will proceed at a gentle pace and are ideal for families of all ages*

TIMINGS: 9:30am for a 10:00am start. Walk will last approx. 4 hours and includes a visit to the top of Spurn Lighthouse (conditions apply)

Tickets are non-refundable or transferrable.
Under 16s must be accompanied by an adult.
Participants take part at their own risk.

It is the responsibility of participants to ensure that they are sufficiently fit and healthy to take part. Participants should seek advice from their GP or a health professional if they are unsure.

The route will include walking over the beach and rocks and is not suitable for wheelchairs/pushchairs.

Clothing and footwear appropriate to the terrain and weather conditions should be worn

Refreshments will be available to purchase on route from the national trust shops

To collect on-line sponsorship visit

<https://www.justgiving.com/teams/shinewalk2017>

Sponsor forms also available – email info@shine-relief.org

Shine Relief Trust, Suite 228, Queens House, Paragon Street, Hull, HU1 3NQ |01482506333| info@shine-relief.org

Details are correct at time of publication but may be subject to change at short notice
Shine Relief Trust Registered charity no. 1168458

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Spurn Lighthouse is a 3.5 mile walk crossing the sandy washover area. Spurn Point is a further mile for those who wish to extend the walk .

Directions Spurn is located c.30 miles east of Hull.

From Easington follow the B1445 to Kilnsea.

From the village of Kilnsea, the nature reserve begins on the road past the Blue Bell Café. <https://youtu.be/9OccHoUeuM0>

Meet at Blue Bell Café at 9.45am for 10 AM Start

Blue Bell Café Hot and cold drinks, sandwiches, cakes and heartier meals sourced from the best quality local suppliers <http://www.ywt.org.uk/bluebell-cafe>

Spurn Lighthouse is the tallest lighthouse in Northern England located at the end of the Spurn peninsula. (as one might expect!)

The lighthouse is newly restored and we have been kindly granted free entry. Children are welcome, but they must be at least 1.1 metres in height and physically capable of ascending and descending the staircases by themselves unaided.

Under no circumstances can children or babies be carried up or down the staircases, (this includes the use of baby carriers, papooses, etc.)

The lighthouse is over a century old so and some stone floors and stairs may be worn and uneven in places, and the staircase leading to the lantern room is very steep.

Sensible footwear must be worn if you wish to ascend the lighthouse tower. Open toe sandals without heel straps and flip- flops are not suitable.

Visitor Safety: Brown tail moth caterpillars In the scrub around the base of the lighthouse, and along into Chalk Bank, you may notice what look like tents stretched between branches, which are in fact the overwintering silk tents of the brown tail moth caterpillar. Whilst for many these caterpillars are harmless, they can cause itchy allergic skin reactions or respiratory issues for those with asthma or hay fever – so please don't touch the caterpillars or the tents.

Times are approximate.