

SHINE RELIEF TRUST MALAWI SUMMER NEWS 2016

Suite 228 Queens House, Paragon Street, Hull, HU1 3NQ 01482 506333

Registered Charity 1127090



Shine Village First Children's home



Work has now started on the first children's house this week after plans to add an additional shower and toilet to the home were agreed. This 3 bedroomed home will be the first of many homes at Shine Village accommodating orphaned children from across the area. Last year's severe floods caused devastation across Malawi with many families losing homes and farm land. Whole communities are still struggling to recover without resources to rebuild their homes and sadly some children are still homeless. Emergency relief has been given to families in our area, however with limited resources the Social Welfare department is struggling to cope with the growing number of vulnerable children. The CBO feeding programs across the area provide food for those most at risk thanks to the ongoing support of Shine Relief Trust. As the level of child poverty is catastrophically high in our area, local chiefs and community leaders are asking for more support to identify the most vulnerable child headed families.

To give to the Children's House fund or our feeding program fund please visit our on line giving page below

<https://www.totalgiving.co.uk/donate/shine-relief-trust>

Supporting families in the community



Agnes is studying Social Work and is on an internship with Shine Relief Trust for three months. She has already become a greatly valued part of Shine's team, supporting programs running at Shine Centre and visiting the families in the community. She

particularly enjoys meeting with the older girls encouraging them in their school work and inspiring them to aim high to see their dreams become a reality. Shine has seen many cases of children becoming pregnant and dropping out of school. The girls love Agnes and through her support they are making better life choices, understanding the value education and developing a better understanding of the world around them.

Unika Egg project

The Shine Village project continues to work towards a greater level of sustainability through the development our farmland and the construction of our first chicken house. Unika Egg gift cards purchased last Christmas have helped to ensure a sustainable source of protein for the children who take ARV's on a daily basis. An increasing number of families now receive monthly provisions from Shine to supplement their tiny stores, which will now include eggs.



A monthly donation of £25 helps a poor family receive essential monthly household supplies.

Food Crisis Update

Last year Malawi had a deficit of 220,000 tonnes of food. This year, the UN's World Food Programme in Lilongwe are anticipating it will be four times worse. The maize price is already exceptionally high. As food insecurity tightens and water scarcity increases due to the drought, there are early signs of acute malnutrition in Madagascar, Malawi, Mozambique and Zimbabwe however Malawi is considered the worst affected among several counties in a struggling region. Climate change is effecting Malawi and like many other countries in the region, Malawi had a double disaster with erratic rains and floods which led into droughts. 2.8 million people were affected. Maize and cassava crops harvested in May did not do very well. We have continued to buy maize and porridge flour from local traders, however they have run out on many occasions. Some people queue for days to buy a bag of maize.

"Women in our area are now in a situation where they have no choice but to cut back on food, selling whatever assets they may possess just to buy food and meet their basic survival needs. Then they have nothing left to pay for health care services or education fees for their children, not to mention reserves to get them through future emergencies." Suzen

The UN's office for humanitarian affairs recently stated "Food security across southern Africa will start deteriorating by July, reaching its peak between December 2016 and April 2017. We are very concerned - a second year without rain threatens to bring catastrophe for some of the poorest people in the world. Donor countries, in the grip of wars and refugee crises, have been slow to pledge funds. But by the time they do, it could be too late."



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Chilambe CBO effected by storm.



120 children will be attending Shine Early Years group at Shine Centre after we received report that their centre had collapsed during the heavy rains. Shine has agreed to help with the repair costs to ensure this vital work continues ensuring the youngest most vulnerable children in the area are supported.

Shine Early Years Group, at Shine Village, assists young children (0-5 years) particularly those who are vulnerable and affected by HIV/AIDS. Children come from villages in Kuntumanji; for some it can be a very long walk. Before Shine Relief began equipping the CBO's in 2010 most families did not send their young children to an Early Years group. A child's value was based on what they could do in the home: assisting with chores, fetching water, and farming the land. These tasks done from an early age. However, mothers are now learning the importance of introducing education to their young ones through play and their attitudes are changing towards education. CBO groups supported by Shine are now in their 5th year. After a long time without any support they are able to continually feed, teach and care for more children as well as identify the most vulnerable children who need special attention.

To support our program as we deliver food and develop Shine land during the coming years please call the office or email deborah@shine-relief.org or visit www.shine-relief.org

Malawi Shine Village - Summer Trips June and August

A small team of four volunteers headed by Trustee Lynley Marett are departing New Zealand on 6th July to travel to Zomba to spend ten days visiting the Shine Village to meet and work alongside those involved. This visit will enable the team members to experience firsthand the daily routine for the people living in Kuntumanji. They are looking forward to participating in the activities and programs that already operate throughout the village, as well as viewing the income generating projects and building works that are currently underway.

The Group have been busy fundraising for their trip and have received several donations from supporters to enable them to purchase educational materials, mosquito nets, housing and food supplies - as required during their visit.

On August 28th Phil and Deb will be taking two volunteers, Cameron Benoy and Hannah Irvin, to encounter life in Malawi and volunteer on projects at Shine Village, linking with their degrees in Social Work and Music. The trip will include a time with the young ones at the Shine Centre and visits to students and families in the community. We plan to visit a number of projects in the area too.

Cameron has been fundraising for the past two months and is soon taking on the Humber Bridge Half Marathon on June 26th after having completed a half body wax! We will all be climbing Zomba Mountain during our stay so please sponsor us! Check our social media pages for more updates on the team's fundraising activities.



Donations for Malawi welcome!

During our stay we hope to encourage the boy's football team – not that they need much encouragement! Shine has levelled out an area of land at Shine Village for the local boys to use and our teams will be teaching skills

To donate items such as footballs, football kits, puncture repair kits, paints and mobiles phones call Debs 07762243302 | 01482 506333

Summer Fundraising 2016

Shine BBQ Challenge is back! Send for your pack today £10

June 24th Shine Night Out

175a Hallgate, Cottingham HU16 4BB
7 -10.30pm Buffet supper 7.30pm
Tickets £10.50 adults /£6 children.
Take the stage and let your light shine for the children in Malawi or simply come, join the fun and support those performing.



Summer runs

Paul Wood who has taken part in almost every Shine event since 2012 has committed to complete four 10K runs over the next four months - please get behind him!



- York 10K Run 7th August
 - Leeds 10K 10th July
 - Grimsby 10K 31st July
 - Harrogate 10K 24th July
 - Stafford 10K Run 25th September
 - Scarborough 10K Run 30th October
- Contact the office if you want to run this year.

Annual Walking Event - September 3rd 10am till 1pm.

We hope to combine a walk in the UK and in Malawi. Our walks are normally between 9-12 miles long and start at a local carpark. Details for this event are found at www.shine-relief.org

